BALNEAL AND REHABILITATION SANATORIUM TECHIRGHIOL

In collaboration with
Balkan Environmental Association (B.EN.A.)
Romanian Society for Spinal/Cord Pathology, Therapy and Rehabilitation (RoSCoS)
Romanian Association of Balneology (RAB)
"Ovidius” University of Constanța
"Carol Davila” University of Medicine and Pharmacy (UMPCD) of Bucharest
National Institute of Rehabilitation, Physical Medicine and Balneal-Climatology (NIRPMB)
Romanian Medical Association (AMR)
Romanian Society of Physical and Rehabilitation Medicine & Balneal-Climatology (RSPRMB)
Romanian Society for NeuroRehabilitation (RoSNeRa)
National Institute for Marine Research and Development “Grigore Antipa”, Constanța (NIMRD)

Partners
National Authority for Tourism
Techirghiol City Hall
College of Physicians in Constanta County
Order of Nurses, Midwives and Medical Assistants in Romania— Constanta county branch

Organizing

The national conference with international participation:

Maritime Balneology, Physical and Rehabilitation Medicine – Tradition, Modernity and Innovation

Under the auspices of the International Society of Medical Hydrology and Climatology
Under the auspices of the ISCoS SCI Awareness International Day Initiative

Event held in connection with the anniversary of 117 years of balneology in Techirghiol

Techirghiol, 1-4 September, 2016
The main purpose of this event is to foster the interest of the scientific community in knowing and capitalizing the Techirghiol mud, as a health-promoting, therapeutic and recovery factor and to encourage the continuation and development of research in this field, together with the celebration of the International Spinal Cord Injury Day – recently established by the International Spinal Cord Society – ISCoS – as an expression of the state-of-the-art direction in physical and rehabilitation medicine: neurorecovery, a field in which the Balneal and Rehabilitation Sanatorium in Techirghiol (BRST) is – also – known as a health unit with great skills and expertise.

HONORARY PRESIDENTS
President of the ISMH, Prof. Dr. Pedro Cantista, Portugal
Acad. Prof. Dr. Constantin Ionescu Tîrgovişte, Bucharest
Acad. Prof. Univ. Dr. Marian Traian Gomoiu, Constanţa
Rector of “Ovidius” University Constanta, Prof. Dr. Sorin Rugină
Assoc. Prof. Dr. Olga Surdu – “Ovidius” University Constanţa

PRESIDENTS
Prof. Dr. Gelu Onose, MSc – UMP ”Carol Davila”, Bucharest
Prof. Dr. Victor Lorin Purcărea - UMP ”Carol Davila”, Bucharest
Assoc. Prof. Dr. Dan-Marcel Iliescu – Dean of the Faculty of Medicine, “Ovidius” University Constanţa

SCIENTIFIC COMMITTEE
President
Medical manager BRS Techirghiol, Assist. Prof. Dr. Elena Valentina Ionescu - “Ovidius” University of Constanţa

Vicepresidents
Senior Researcher Dr. Mariana Golumbeanu –Balkan Environmental Association (BENA)
Assist. Prof. Dr. Dan Blendea – ”Titu Maiorescu” University of Bucharest
Assist. Prof. Dr. Gabriela Dogaru – UMP ”Iuliu Haţieganu” of Cluj-Napoca
Dr. Horia Lăzărescu – NIRPMB

Members
Prof. Dr. Didem Evci Kiraz – Adnan Menderes Aydin University, Turkey /BENA
Prof. Dr. Ilija Brceski – Belgrade University, Serbia /BENA
Prof. Dr. Mihail Kochubovskii - Public Health Institute, FYR Macedonia /BENA
Assoc. Prof. Dr. Zcharoula Andreopoulou – Aristotel University of Thessaloniki, Greece/BENA
Assoc.Prof. Dr. Carolina Constantin – Polytechnic University of Bucharest/RO-BENA
Senior Researcher Dr. Marian Tudor - Danube Delta National Institut for Research and Development Tulcea
Assoc. Prof. Dr. Camelia Ciobotaru – “Ovidius” University of Constanţa
Prof. Dr. Petru Armean – UMP ”Carol Davila”of Bucharest
Assoc. Prof. Dr. Delia Cinteză – UMP ”Carol Davila”of Bucharest
Assoc. Prof. Dr. Ileana Claudia Mihailov– “Ovidius” University of Constanţa
Assoc. Prof. Dr. Claudia Simona Cambrea – “Ovidius” University of Constanţa
Assoc. Prof. Dr. Gabriela Lilios – “Ovidius” University of Constanţa
Dr. Viorica Marin – BRS Techirghiol
Dr. Daniela Profr – BRS Techirghiol
Dr. Sibel Demirgian – BRS Techirghiol
Dr. Liliana Elena Stanciu – BRS Techirghiol
Dr. Mihaela Minea-BRS Techirghiol
Dr. Doiniţa Oprea – BRS Techirghiol
Dr. Nicoleta Calotă – BRS Techirghiol
Dr. Liviu Iordache –Emergency Hospital of the Ilfov County, Bucharest
ORGANIZING COMMITTEE

President
Manager BRS Techirghiol - Elena Roxana Almășan

Vicepresidents
Senior Researcher Dr. Constantin Munteanu – Romanian Association of Balneology
Drd. Carmen Oprea – BRS Techirghiol
Assist. Prof. Dr. Mădălina-Gabriela Iliescu – “Ovidius” University of Constanța
Assoc. Prof. Dr. Ileana Claudia Mihailov – “Ovidius” University of Constanța

Members
Assoc. Prof. Dr. Gabriela Lilios – “Ovidius” University of Constanța
Dr. Andreea Miriță – BRS Techirghiol
Drd. Mihaela Minea – BRS Techirghiol
Dr. Nurla Ghiulcin – BRS Techirghiol
Dr. Elena Cristescu - BRS Techirghiol
Dr. Liliana Elena Stanciu- BRS Techirghiol
Assist. Prof. Dr. Traian Surdu – “Ovidius” University of Constanța
Drd. Marius Sorin Chiriac - “Ovidius” University of Constanța
Ec. Lucian Sipoș – BRS Techirghiol
Ec. Mihaela Oprișan – BRS Techirghiol
Ec. Mariana Stan – BRS Techirghiol

SECRETARIAT

Ec. Mihaela Niță – BRS Techirghiol
Ana-Elena Stoian – Teaching Emergency Hospital ”Bagdasar-Arseni”, Bucharest

Thematic areas/Topics:
- Balneology
- Physical and Rehabilitation Medicine
- Integrated Balneal Management. Environmental protection, resources and legislation
- Kinesio-/Physical therapy in Balneology and Rehabilitation
- Spinal cord Pathology, Therapy and Rehabilitation
- Varia/Miscellaneous

Invited speakers (in alphabetic order):

Dr. Ioana Andone – Bucharest
Assist. Prof. Dr. Aurelian Anghelescu – Bucharest
Dr. Simona Carniciu – Bucharest
Assist. Prof. Dr. Mihaela Chicu – Iași
Assist. Prof. Dr. Cristina Daia – Bucharest
Prof. Dr. Dafin Mureșanu – Cluj-Napoca
Dr. Cristina Popescu – Bucharest
Dr. Simion Nicolaev - Constanța
Dr. Aura Spînu – Bucharest
Assist. Prof. Dr. Adina Stan – Cluj-Napoca
Assist. Prof. Dr. Alexandru Tașcu – Bucharest
Dr. Tania Zaharia – Constanța
Dr. Anca-Sanda Mihăescu – Bucharest

Official languages of the Conference: English and Romanian
PRELIMINARY PROGRAM

Thursday, September 1st
9.00-11.00 Pre-congress courses
11.00-11.30 Coffee/tea break
11.30-13.30 Pre-congress courses
13.30-14.30 Lunch break
14.30-18.30 Pre-congress courses
18.30-20.30 Opening ceremony
  - Balneal and Rehabilitation Sanatorium Techirghiol at an anniversary moment
  - Establishing and awarding the Techirghiol anniversary award
  - Review of the 41st World Congress of the ISMH
20.30-23.00 Welcome networking reception

Friday, September 2nd
9.00-11.00 Session 1: Balneology – Tradition, Modernity and Innovation. Chairmans: Drd. Elena-Roxana Almășan, Dr. Biol. Constantin Munteanu, Assoc. Prof. Dr. Claudia Simona Cambrea, Dr. Horia Lazărescu
11.00-11.30 Coffee/tea break
13.45-15.15 Lunch break
15.15-15.45 Meeting of the of the RSPRMB Board
20.00–23.00 Festive fellowship reunion

Saturday, September 3rd
9.00-11.00 Session 3: Integrated balneal management. Environmental protection, natural resources and legislation. Chairmans: Associate Professor Zacharoula Andreopolou, Dr. Tania Zaharia, Dr. Mariana Golumbeanu, Dr. Marian Tudor
11.00-11.30 Coffee/tea break
11.30-14.10 Session 4: Varia/Miscellaneous. Chairmans: Dr. KT. Anca Sandra Mihăescu, Assist. Prof. KT. Dr. Nicoleta Daniela Calotă, Dr. Liliana-Elena Stanciu, Assist. Prof. Dr. Gabriela Dogaru
14.10-15.40 Lunch break
20.00–23.00 Gala Dinner

Sunday, September 4th
9.00-11.00 Session 5: Kinesio-/Physical therapy in Balneology and Rehabilitation. Chairmans: Assoc. Prof. Dr. Ileana Claudia Mihailov, Dr. Viorica Marin, Dr. Sibel Demirgian, Drd. Carmen Oprea
11.00-11.30 Coffee/tea break
13.30-15.00 Lunch break
15.00- Closing Ceremony

The abstracts (in English and Romanian) of the submitted papers must be sent to the organizers in digital form (MS Word, Times New Roman, 12 p./1,5 row spacing), to elena_valentina_ionescu@yahoo.com and marin_viorica@yahoo.com. The conference will
consist in oral presentations sessions (in Power Point – **slides in English**), for a maximum of 20 minutes each.

**Assessment criteria** for the submitted abstracts:

- Timeliness and relevance of the paper’s subject;
- Adequacy of the methodology, including the credibility of the parameters considered/evaluated;
- Reliability of the obtained results, including of the data statistical processing;
- Use of appropriate scientific language;
- The conclusions’ relevance

Contact details of the corresponding author – mandatory his/her e-mail address and affiliation(s).

Title – maximum 30 words in UPPER CASE

Abstract text – maximum 350 words.

The **deadline for sending the abstracts** is the **10th of August, 2016**, specifying the topic. The Scientific Committee reserves the right to modify the abstract framing. The decision of accepting or rejecting a presentation for the Conference – based on its abstract evaluation by the **Scientific Committee** – shall be brought to the corresponding authors’ knowledge via e-mail, until **August 13th 2016**.

The papers will be published in collective volume, by a recognized publishing house.

**One shall pay a participation fee of 100 RON for primary/specialist physicians/physical/kinesio-therapists, and 50 RON for junior doctors/residents, general and physiotherapy, nurses**: the organisers will provide to the attendants the Conference’s scientific and informative materials and the registered participants’ lunches. The fee is to be paid at registration, when receiving the Conference’ scientific and informative materials.

The travel and accommodation expenses shall be supported by the participants. For the official staff members and invited speakers of the Conference, the accommodation, the meals and the participation to the scientific and social schedules are covered, being exempt of the participation fee.

All information regarding the schedule of the Conference and the accommodation offers, will be made available to the participants in due time.

The event will receive by College of Physicians with 17 CME credits/points.

**Looking forward to welcoming you in Techirghiol !**

Manager of Balneal and Rehabilitation Sanatorium Techirghiol

Elena-Roxana Almăşan